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## **NIC CAMP REPORT**

### **NATIONAL ADVENTURE CAMP 2025**

**At**

**Atal Bihari Vajpayee Institute of Mountaineering  
and Allied Sports, Manali, Himachal Pradesh.**

**Telangana State NSS Contingent**

**Jawaharlal Nehru Technological University  
Hyderabad**

**10/11/2025 to 19/11/2025**

## Day 1: 10/11/2025

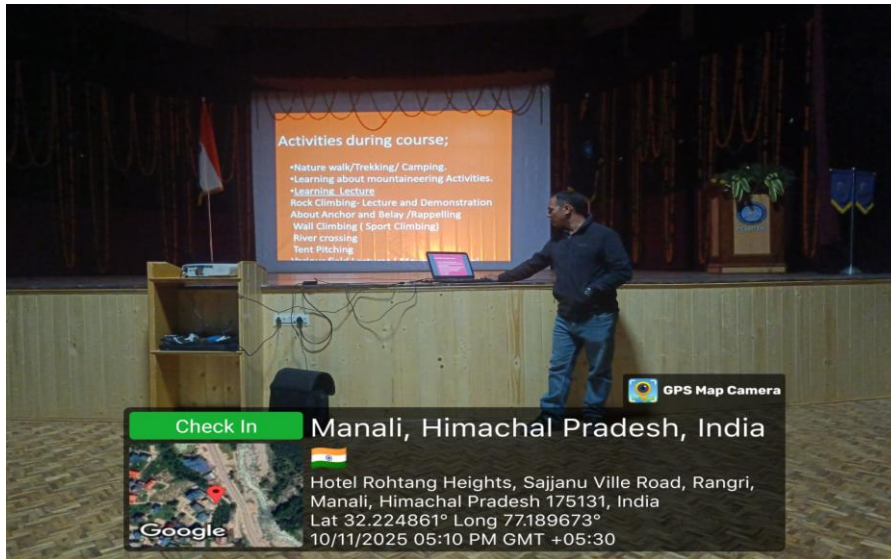
Volunteers were reported at Atal bihari Vajpayee institute of mountaining and allied sports, Manali, Himchal Pradesh. Day 1 started with registration, allotment of rooms, general instructions and all the participants have given activity materials, jacket and a bag.



Registration by Telangana state NSS Contingent



Session on mountain Trekking useful items



Session on 10 days camp schedule



Reporting of volunteers

## Day 2: 11/11/2025

Day 2 started with physical exercise, Wall Climbing activity and the instructors took an awareness session on trekking.



Wall climbing Activity by volunteers



Reporting Session of Volunteers, instructions on stay at solang nalla

### Day 3: 12/11/2025

Day 3 started with 14kms Trekking to Solang Nalla and the volunteers reached by 2pm followed by lunch. The instructors took a session on solang atmosphere and Mountaineering.



14 kms Trekking to solang nalla

## Day 4: 13/11/2025

Day 4 started with physical exercise, then all the volunteers have been to height gain trekking of 10kms to reach 10,000 ft altitude. Visited Anjani Mahadev Temple and reached solang nalla by afternoon. Later instructors took an awareness session on rescue management.



Reporting at solang nalla



Trekking to 10,000 feet Altitude



Reached 10,000 feet altitude by all volunteers



Telangana State Nss Contingent Successfully completed a height gain of 10,000 feet altitude



Visited Anjani Mahadev Temple



### Day 5:14/11/2025

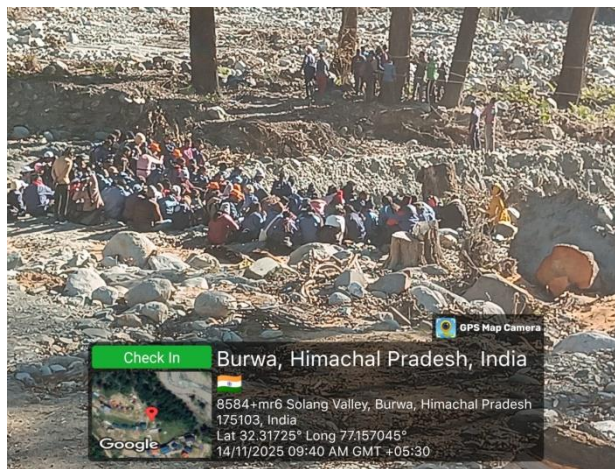
Day 5 started with physical exercise, then all the volunteers have been taken to River crossing activity and then reached the camp site by afternoon followed by lunch. The instructors have taken an awareness session followed by Cultural Practice.



Enroute to river crossing activity and reporting session



Reporting session for Activity



River crossing by vounteers



Successfully completed river crossing by all volunteers

## Day 6: 15/11/25

Day 6 started with 14kms Trek back to ABVIMAS, Manali, all the volunteers reached by afternoon followed by lunch. The instructors have taken a session on Mountaineering at Auditorium and then took Knot tying session.



Briefing session to volunteers about rock climbing activity

## Day 7: 16/11/25

Day 7 started with Morning trek of 10kms and visited hidimba temple. Then all the volunteers have performed Rock climbing activity. Later the instructors have taken a session on Mountaineering at Auditorium, Knot tying activity.



Rock climbing activity by volunteers



### **Hadimba Temple Visit**

#### **Day 8: 17/11/25**

Day 8 started with Morning trek of 10kms in forest, then all the volunteers performed Rappelling activity, after lunch the instructors conducted Knot tie test to all volunteers and then all the volunteers practiced cultural.



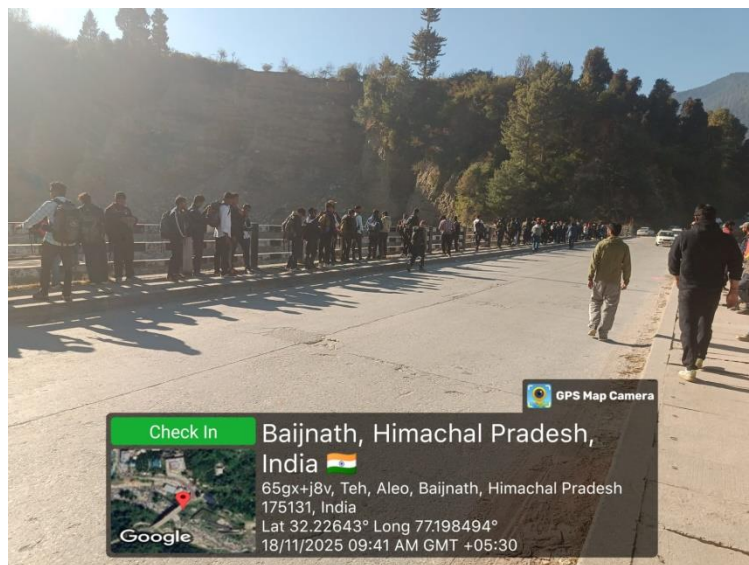
### **Repelling Activity**

#### **Day 9: 18/11/25**

Day 9 started with a morning trek of 12KMS to Sarwari temple through the forest and mountains. From afternoon onwards volunteers were asked to return materials and bags and then instructors gave time to practice cultural.



## Morning Trek to sarwari Temple



## Day 10: Valedictory Ceremony

All the participants from each state have been given Badges and Certificates by ABVIMAS director and instructors after that all the states have participated in cultural performances.



**Valedictory ceremony**